

**9th WORLD UNIVERSITY KARATE CHAMPIONSHIP
BAR, MONTENEGRO - 2014**

9th WORLD UNIVERSITY KARATE CHAMPIONSHIP

Bulletin



KARATE 2014

Bar Montenegro

**9th World University
Championship**



**INTERNATIONAL
University Sports**

**9th WORLD UNIVERSITY KARATE CHAMPIONSHIP
BAR, MONTENEGRO - 2014**

Dear sports Colleagues,

It is a great pleasure to invite and welcome all athletes, officials and guests to the 9th World University Karate Championship in Bar – Montenegro 2014.

In its long and rich history, Montenegro always knew to recognize true values and values are not just material but its maturity and its skill to build its way to European integrations on lasting and universal principle of frankness and co-existence, as old European country. Therefore we always greeted guests with a joy and open heart especially sportsmen from all meridians. We were and we will be a good host worthy of glorious Montenegrin tradition to all.

We are convinced that all participants will experience an event characteristic by high level sport, international exchange and a lovely atmosphere. As a young member of EUSA and FISU, and as a country we will do everything to make top-level organization and you to have nice memories from this competition.

We greet you once again and we believe that during your staying in Montenegro you will feel as at your own home.

Welcome to **Bar 2014**.

Organizing committee.

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General information:

Date:

The Championship will be organized from 19th (Thursday) to 22th (Sunday) of June 2014, where 19th of June will be a day of Opening Ceremony, and 22th of June will be a day of Closing Ceremony. The arrivals are planned from 16th of June, and departures from 23th of June.

June 16	arrival day
June 17	arrival day
June 18	arrival day, CISCA meeting, GT meeting, CT meeting, Drawing of Lots, Weighting
June 19	competition day, Opening ceremony
June 20	competition day
June 21	competition day
June 22	competition day, Closing ceremony
June 23	departure day

Events:

- ✓ Kata individual: 1 competitor per country per sex
- ✓ Kata team: 3 competitors per team per country per sex
- ✓ Kumite individual: 1 competitor in each category
Men: -60kg; -67kg; -75kg; -84kg; +84kg;
Women: -50kg; -55kg; -61kg; -68kg; +68kg
- ✓ Kumite team:
Men: one (1) team of MINIMUM five (5) and MAXIMUM seven (7) competitors;
Women: one (1) team of MINIMUM three (3) and MAXIMUM four (4) competitors

Delegation:

- ✓ MAXIMUM 36 people:
29 competitors (16 men and 13 women) and 7 officials.

Contact:

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Age brakers:

The competitors must be born between **January 1st, 1986 and December 31st, 1996.**

Deadline for entries:

General Entries:	19.12.2013
Quantitative Entries:	19.03.2014
Prepayment Deposit Date (25 %):	19.03.2014
Judge Entries:	19.03.2014
Delegation Travel Schedule :	19.05.2014
Nominative Entries:	19.05.2014

Fees:

Participation fee	60€ / per person / per day
FISU registration fee	20€ per person for the Member Associations / upon arrival 40€ per person for the Non-Member Associations / upon arrival

WKF and the FISU Technical Delegate will appoint the referees. Participating delegations are in charge of the travel, food and accommodation costs according to the pro rata of athletes registered (from two (2) days before the Opening Ceremony, to one (1) day after the Closing Ceremony).

Other costs are referenced in the FISU – WKF partnership agreement.

The Organising Committee will announce the exact sum shortly after deadline for Nominative Entries (one (1) month before the beginning of the World University Championship).

Transportation, Arrival and Departure Points

OC will provide Arrival and Departure transportation for all delegation, according to the received travel schedules from four Pick up Points:

- Airport Podgorica (45km, 40 minutes from Bar)
- Port of Bar
- Buss station Bar
- Railway station Bar (direct line Belgrade-Bar)

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Competition venue

“Topolica” sports centre has all the necessary facilities needed for this event.



Sports hall Topolica is located at 300 meters from the centre of Bar, 200 meters from the city beach and Adriatic sea. The construction of this sports complex began in 2006 and various sport facilities are scattered across a five hectare area. The indoor facilities consist of:

- Large hall (capacity 3,200 seats)
- Training hall
- Combat sports hall
- Table tennis hall
- Business facilities.

The outdoor facilities include:

- Open air swimming pool
- Tennis courts
- Football fields and athletic run.

The large hall serves as the main indoor arena in Bar.

Dimensions of the floor: 40mX25m

Height of the hall 18 m

Lighting: 1500 lux measured 1m above the floor

Sound system is available

Access to internet is available

Air condition system is available

Medial care and first aid room is available.

Official website of the Sports Centre Topolica www.topolica.com

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Accommodation venues and catering

Right now there are four Hotels as option for Accommodation of athletes and officials:

- Hotel Sidro
- Hotel Korali
- Hotel Castello
- Hodel Adria
- Hotel Adria II
- Hotel Inex Zlatna obala

Hotel Sidro

Hotel Sidro represents at the same time a beach as well as city hotel. Located in the proximity of both the city centre and the beach this hotel has an ideal location. Hotel Sidro is officially rated as a two stars hotel. The Hotel can host up to 230 guest, and the restaurant too can host the same number of guests at the same time, because the capacity is 240 seats, without counting the 100 seats in front of the restaurant, in the beautiful decorated garden of Sidro hotel in Bar. In nice decorated and carefully cultivated park there are two terraces. The Hotel also disposes of a large parking place for 50 cars and for those who are looking for an active holiday hotel Sidro provides sport fields for basketball, volleyball and also indoor football ground.



Hotel Korali



Within a wide area, situated under a strap of woods and Mediterranean vegetation, gently touching perennial olive yard and practically immersing itself into the sea, Hotel Korali captures attention with its whiteness and luxurious beauty. Fitting in the entire ambient, hotel complex consists of 3 separated buildings with ichthyologic features and 330 rooms, i.e. 687 beds. The hotel is situated on the very coastline – 30 m from the sea, and has: single, double and triple rooms. All rooms are comfortable, with their own terraces, majority of which are sea-view rooms.

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Hotel Castello

Hotel „Castello Bar" is located in the tourist part of the town of Bar. It has 120 beds disposed in double-bedded and triple-bedded rooms as well as in two apartments; it is also outfitted with a restaurant with 150 seats, cafe-bar and sauna, weightlifting room, seminar halls and mini-market. All rooms and apartments have their own bathroom, balconies, TV set and telephone line with internet connection. Few rooms have a mini-bar. Castello provides laundry and dry-cleaning services.



You can see a short video about Bar and Hotel Castello: <http://www.youtube.com/watch?v=Qi2271d0LiE> .

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Hotel Adria



The Hotel "Adria" is located at 400 m from the coast in a quiet part of Šušanj, so that gives tourists a pleasant stay in peace and quiet. Rooms in the hotel are comfortably equipped following the European standards, with two stars - each room has a balcony, bathroom, telephone, fridge, all rooms have air conditioning. The hotel has its own parking space. Guests can relax in a natural shade of the vine and kiwi on the spacious terrace of the hotel. Hotel capacity is 80.

Hotel Adria II



An attractive tourist location, is situated in the bay between Petrovac and Sutomore. There are great pebbly, tawny beach in length of 1,200 m. Because of the color and beauty, which is covered with gravel, the beach at Čanj. Adria II is located in quiet area at 80m from the beach, so that makes peace and quiet for tourist.

It consists from 1/2, 1/3, 1/4 first class room – by International standards two star rated, each room has its own bathroom, balcony, refrigerator, and all rooms have air conditioned and most have view of the sea.

The well equipped rooms offer complete comfort and convenience of tourists.

Hotel Inex Zlatna obala



INEX ZLATNA OBALA at Montenegro's coast, categorized as 3 star BEACH HOTEL, ranges over Ratac peninsula, 2km south of Sutomore summer resort and 4 km from Bar, and it is a part of INEX HOTELI hotel chain. It is a champion of quality in the category for tourist settlements for a year 2003. Ratac peninsula is an unfledged oasis with prodigal vegetation, which gives an exquisite charm to hotel tourist settlement Inex Zlatna obala.

57 bungalows (3 star category) are surrounded with special Mediterranean flora (17 different species) which, during the hot sunny days makes a cozy chill, and along with crystal clear sea and well known wind

Mistral, makes a very pleasant stay for every visitor. All 57 bungalows are set up in a curve line along the hotel beach, which is for guest's use only. Nearby, in a small cove on the peninsula, there is a naturist beach.

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Hotel Pharos



Judges and referees will be accommodated in the Hotel Pharos. Hotel Pharos is close to the town centre, about 600 meters from the sea, surrounded by lush vegetation, olive trees, citrus fruit and cypress trees, not far from the town council buildings and close by the sports centre. Hotel guests can really enjoy an oasis of calm at the height of the hot summer season. Hotel Pharos has rooms furnished at a high standard with bathroom, TV, air-conditioning, refrigerator and a large shared terrace. The hotel contains a restaurant. In front of the hotel there is a summer garden with natural shade from citrus fruit trees – lemons, oranges and mandarins. The Hotel

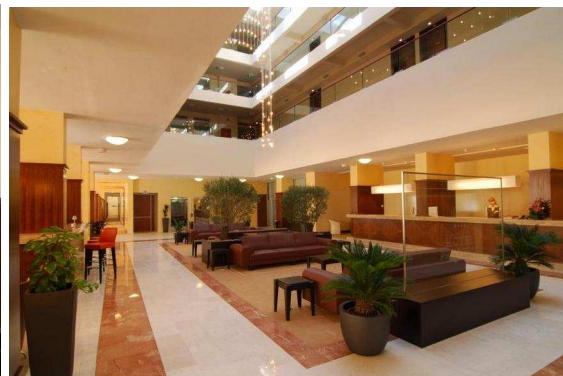
Pharos has its own car park. Total number of beds in Hotel Pharos is 46. Hotel Pharos provides laundry and dry-cleaning services.

Hotel Princess



Technical delegates, as well as FISU representatives' accommodation will be in four star Hotel Princess. Hotel Princess is located in the most attractive part of Bar, nearby the promenade along the sea shore, and is surrounded by lush vegetation, the museum complex and the sports courts. Rooms and apartments are comfortable and contemporarily designed, with exceptional views of the marina, beach and sea, palace and mountains at the town's hinterland. The Hotel has 135 rooms, which offer modern comfort: mini bar, air conditioner, satellite & cable TV, safety deposit box, as well as all necessary accessories and room service. Choose the bathroom you want: with bath

tub and shower; only with bath tub or only with shower. Lobby & Piano bar are pleasant spaces for rest, while having a drink and conversation with business partners or friends. You can enjoy and also have a drink or try some sweets or cakes at the Pool bar, from which you can go out to the pool and spacious terrace of the hotel.



Official website of th Hotel Princess is: <http://www.hotelprincess.me> .

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Montenegro

Montenegro – the pearl of the Mediterranean, unique in many ways, is situated in the south of the Adriatic sea. There is no other place where you can find so much natural wealth, beauty, mild beaches, clear lakes, fast rivers and gorgeous mountains, like in the small country of Montenegro. In the morning you can wake up along the beautiful Adriatic coast, have lunch on the banks of the Skadar Lake, and enjoy the evening walks in the Montenegrin Mountains. Montenegro is a place that cannot leave you indifferent.



Montenegro is not only an excellent choice for your holidays, Montenegro has many other remarkable characteristics: history, culture, tradition, good weather conditions, clean air, beautiful nature, blue Adriatic Sea... Everyone should visit Montenegro at least once in a lifetime. This little country is part of the Balkans and part of the Mediterranean, near Serbia, Bosnia, Croatia, Italy and Albania. Despite its small size there are so many contrasts and so much natural beauty. Don't forget to take your camera with you because in Montenegro every view is majestic and you'll think that you're dreaming eyes wide open. You don't even need to stage your photos; just click and you can put the most beautiful photos from your holidays in your album.



Montenegro is certainly one of the most interesting spots in the world. Even though it covers solely around 14.000 km² and it only has about 670.000 citizens, its contribution to the world cultural heritage is impressive compared to its size... Montenegro is a Southern European and a Mediterranean country. It is one of the most Southern European states and it comes out on the South part of the Adriatic Sea. About 500km from Rome, 1.500 km from Paris, and Berlin, and about 2.000km West from Moscow, Montenegro lies on the Balkan Peninsula in the very heart of Europe.

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Usefull information about Montenegro

General

Montenegro belongs to the Middle Mediterranean region of southern Europe. Montenegro borders on Albania to the southeast, the Adriatic Sea to the south, Croatia and Bosnia and Herzegovina to the west and Serbia on the north.

Surface Area:	13,842 km ²
Population:	670,000
Capital:	Podgorica (173,000 inhabitants) the administrative and economic center.
Historic capital:	Cetinje the historical and cultural center
Time zone:	GMT+1
Electrical force system:	220V/50Hz

Currency

Money in use in Montenegro is EURO
1 EUR=100 cents
Coin:1,2,5,10,20,50 cents and 1, 2 EUR
Paper currency: 5, 10, 20, 50, 100, 200 and 500 EUR

Banks

Working hours: from 8a.m.8p.m. every working day, from 8 a.m. 1 p.m. on Saturday, on Sundays closed. All banks offer currency exchange and cash advances on major credit cards. Most hotels, shops and restaurants accept Visa, MasterCard, Eurocard, Diner's Club and American Express.

Important phone numbers

Emergency calls - SOS	112	Fire Station:	123
Emergency squad:	124	Exact time:	125
Police:	122		

City codes

Podgorica and Kolašin	(0)20	Nikšić and Šavnik	(0)40
Cetinje	(0)41	Pljevlja and Žabljak	(0)52
Tivat and Kotor	(0)32	Berane, Rožaje i Plav	(0)51
Herceg Novi	(0)31	Bijelo Polje i Mojkovac	(0)50
Bar and Ulcinj	(0)30	Budva	(0)33

Communication

To call Bar from abroad, dial your international access code (+382) for Montenegro, then the city code (30) for Bar and telephone number.

When calling from Montenegro country code + city code.

Cellular telephony

There are three operators in Montenegro:

Telenor Montenegro	Info: 1188	Code: (0)69
T- mobile	Info: 1500	Code: (0)67
M:tel	Info: 1600	Code: (0)68

Their roaming services are available in almost all European countries and in bigger countries throughout the world. Tourists are recommended to use prepaid cards which can be bought at Post Offices, operators selling services and kiosks.

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Air Transportation

You can travel by air to Montenegro, arriving at one of the two international airports: Podgorica and Tivat. The national airline company "**Montenegro Airlines**" operates scheduled flights to Belgrade, Budapest, Vienna, Zurich, Frankfurt, Dusseldorf, Ljubljana, Rome etc. Scheduled flights from Montenegro are also operated by JAT, Adria Airways and Pelican Blue Line to Belgrade, Ljubljana, Skopje, Bari etc.

Airport Golubovci (Podgorica) is: 12km from Podgorica, 170km from Žabljak, 62km from Budva, 45km from Bar. **Information:** 020/ 243 007, 244 916

Airport Tivat is: 3km from Tivat, 20km from Budva, 20km from Herceg Novi, 4km from Kotor, 55 km from Bar, 70 km from Ulcinj. **Information:** 032/ 671 337, 671 894

Sea Transportation

Montenegro is connected to the whole world by sea transportation. Ferries and freighters regularly operate between the lines Bar- Bari and Bar- Ancona.

The international ports of Bar, Budva and Herceg Novi receive all kinds of vessels. The ports of Bar and Kotor also have marinas for yachts and boats and offer all kinds of services.

City of Bar

The city of Bar, with 505 km² of surface, is located on the South-East part of Montenegro, on the shores of the Adriatic Sea. The sea shore is long 46 km, 9 km of which is beach. Bar also occupies 67 km of the Skadar Lake shores.



As the majority of Montenegrin cities, during its history, Bar has been part of different civilizations and cultures. While in other cities the traces of past dominations are still evident and recognizable, in Bar it is not possible to recognize traces of just one of its past dominations to which it, sometimes, belonged for centuries. The heritage of the previous domination used to be replaced with new constructions. In the newly made heritage, the remains of previous dominations were always recognizable.

The city of olives, Montenegro's sea-gate, the city which has been the cradle of coexistence for centuries, regardless of religion or nationality, the city of Bar represents the mixture of modernity, tradition and beauty. It is not only an important dynamic economic centre of Montenegro, but also a city with a rich cultural and historical tradition. Some of the most important civilizations of Montenegro, originated from Bar. Here can be found the remains of the most ancient written monuments and the most important literary and historical masterpiece of Montenegrin's Middle Age originates from here. The city has also been the heart of the most

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ancient religious institution of Montenegro (Bar's archdiocese). One of the oldest olive trees in the world is situated here in Bar. It is over 2000 years old.

The rich cultural and historical tradition is situated in Bar, and it has favourable climate, excellent geographical location, and beautiful nature.

Bar has a wonderful Mediterranean climate, which attracts a great number of tourists every year. With its 270 sunny days per year, Bar is one of the sunniest Mediterranean cities. The sea shore which is long 46 km, 9 km of which are beaches, the 67 km of Skadar Lake shores, and the mountain massif which separates these two big water surfaces, make Bar the ideal vacation resort for tourists who want to relax on the beautiful beaches and admire the unspoilt nature. It is the ideal vacation resort even for those who want to see the numerous cultural and religious monuments or spend their vacation playing sports.



The city of Bar has about 40000 inhabitants, situated in villages of high urbanization. The villages are easily reachable because of the good roads built on the lake and coastal area. Bar is known as a multinational and multi-religious city with excellent interpersonal relations and high standards of tolerance. Despite the numerous national-political breakdowns during the history, not so typical for the Balkans, the good tradition of coexistence on this area has not been spoilt.

A peculiar characteristic of this city's inhabitants is that the small villages are different from each other especially in folklore marks. For example, the city of Bar has a great number of folk costumes, which not many other cities of Montenegro have. The right way to define the inhabitants of the city of Bar could be by saying "Harmony obtained with diversity".



Bar is the city of youth and sport talents. There are many sports grounds for those who want to play a sport, for example in hotels and schools, or at the sports and recreation centre. There are 60 sports teams and associations, out of which 23 engaged in trainings for competitions with about 1500 sportsmen.

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About Students Sports Association of Montenegro

The Ministry of Education and Sports and The Sport and Youth Directorate identify the Students Sport Association of Montenegro as the National Sports Federation, a fully member of the Montenegrin Olympic Committee and also as a member of the European and World Universities Sports Associations (EUSA, FISU).

Although it has been founded in 1979, the Students Sport Association of Montenegro has reached the height of success only after the Montenegrin independence declaration and the UN acknowledgement, main condition for being admitted by EUSA (2006) and FISU (2007). In August 2007, our waterpolo players won the first place at the University Championship held in Bangkok, Thailand. This has been the first and the really meaningful result in team sports for the country of Montenegro.

We cover four types of International championship in almost every sport:

- Universiade (summer and winter edition)
- World University Championships
- European Universities Championships
- EUSA Games

Since 2007, we took part in four Universiade (Bangkok, Thailand, 2007; Belgrade, Serbia, 2009; Erzurum, Turkey, 2011; Shenzhen, China, 2011, eight World University Championships: in karate (Wroclaw, Poland 2008; Podgorica, Montenegro, 2010; Bratislava, Slovakia, 2012); in futsal (Koper, Slovenia, 2008 and Novi Sad, Serbia, 2010); in savate (Nantes, France, 2010); in archery (Tainan, Chinese Taipei in 2008); in taekwondo (Belgrade, Serbia, 2008); nine European Universities Championships: in karate (Podgorica, Montenegro, 2007; Vigo, Spain, 2009; Sarajevo, Bosnia and Herzegovina, 2011), in futsal (Wroclaw, Poland, 2008, Podgorica, Montenegro, 2009); in volleyball (Rijeka, Croatia, 2007); in tennis (Moscow, Russia, 2008; Dublin, Ireland, 2009); table tennis (Nis, Serbia, 2009), and in the First EUSA games (Cordoba, Spain, 2012).

Our most important international successes are:

- 1st place in 2007 (waterpolo) at the Summer Universiade in Bangkok, Thailand
- five 1st places in 2007 at the European University Championship in karate in Podgorica, Montenegro
- two 3rd places in 2008 at the World University Championship in karate in Wroclaw, Poland
- two 5th places in 2007 in men and women categories at the European University Championship in volleyball, in Rijeka, Croatia
- 4th place in 2008 at the European University Championship in futsal, in Wroclaw, Poland
- 5th place in 2008 at the World University Championship in taekwondo, in Belgrade, Serbia
- 5th place in 2009 at the European University Championship in futsal, in Podgorica, Montenegro
- 1st place in 2009 at the European University Championship in Karate, kata team women, in Vigo, Spain
- two 2nd places in 2009 at the European University Championship in Karate, kumite, in Vigo, Spain
- two 2nd places in 2010 at the World University Championship in karate, in Podgorica, Montenegro
- two 3rd places in 2010 at the World University Championship in karate, in Podgorica, Montenegro
- two 1st places in 2011 at the European University Championship in Karate in Sarajevo, Bosnia and Herzegovina
- five 2nd places in 2011 at the European University Championship in Karate in Sarajevo, Bosnia and Herzegovina
- five 3rd places in 2011 at the European University Championship in Karate in Sarajevo, Bosnia and Herzegovina
- 1st place in 2012 at the World University Championship in karate, kumite team men, in Bratislava, Slovakia
- two 2nd places in 2012 at the World University Championship in karate, in Bratislava, Slovakia
- two 3rd places in 2012 at the World University Championship in karate, in Bratislava, Slovakia

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Really meaningful parts of our labor are the national competitions, The Universities of Montenegro Sports Association organizes competitions for all the Montenegrin students in athletics, skiing, beach-volleyball, tennis, karate, cross country, table tennis, chess, street ball. There are also Leagues is futsal, volleyball and basketball.

We organize competitions for sports which most attract students, In the wide range of our activities, there are also scientific meetings, sports and recreational activities on the snow, the election of the best athletes etc...

The National University Championships not only put together a great number of competitors, but also raise interest in those who are not competing but like to keep up to date with our events. Our website www.unisportmne.ac.me and the Facebook page [Studentski sportski savez](#) are visited by a great number of competitors who collect information about scores, announcements on championships to come etc...

We are proud to say that students taking part in our championships don't have to pay. The Students Sports Association of Montenegro pays all the costs, and for what concerns the League Championships, we also pay the equipment and trip fees.